

Carea Community Health Centre's Inter-professional Primary Care Team (IPC)

What is an Inter-professional Primary Care (IPC) Team?

Inter-professional Primary Care (IPC) Teams bring together health care professionals to help meet the individual needs of patients/clients. These teams can include physicians, nurse practitioners, registered nurses, dietitians, mental health workers, social workers, psychologists, physiotherapists, and other professionals.

About the Inter-professional Primary Care Team

The Inter-Professional Primary Care Team (IPC) is a Central East LHIN initiative that focuses on improving and enhancing the patient's/client's health care experience by offering easy access to other relevant health care professionals. Carea Community Health Centre, as the anchor agency, works in collaboration with numerous partner agencies and referring practitioners (Physicians and Nurse Practitioners) to support timely access for patients/clients to a variety of inter-professional primary care services. Patients/clients **retain their** current family physician/primary care provider while accessing the added support of the Inter-professional Primary Care Team.

What Patients/Clients Can Expect

Any patient/client needing inter-professional primary care services in the Durham West community (Pickering, Ajax, Whitby) can be referred.

Patients/clients can expect to enter a community of care-focused providers who will work together to help achieve their health and wellness goals.

Patient's/client's referral will be assessed within 48-72 hours of receipt and the patient will then be contacted to book an appointment with the appropriate provider(s).

The IPC Team and Support Services

Nurse Practitioner:

The Nurse Practitioner provides comprehensive, patient/client-centred care that emphasizes accessibility, health promotion, illness prevention and continuity of care for patients/clients who sometimes experience complex physical and mental health needs.

Health Promoter:

The Health Promoter develops, coordinates, implements and evaluates the health promotion programs for the community. The Health Promoter supports access to high-quality and culturally safe care, provides case management and connects patients/clients with appropriate community services.

Therapist:

Our therapists help patients/clients who are experiencing challenges with mental health. Counselling services are available for individuals, groups and families.