Carea Community Health Centre
Care.Compassion.Community.

1450 Kingston Road, Unit 17,
Pickering, ON L1V 1C1
Tel: (905) 420-0333 x2222
Fax: (905) 420-3541

CLINIC USE ONLY
Date Received ______________ DD/MM/YY
Urgency______________
Acuity ______________

Interprofessional Primary Care Team Referral Form

PATIENT INFORMATION

Name	Health Card Number	Work Phone
Address	Gender Identity	Home Phone
	Date of Birth DD/MM/YY	Mobile Phone

Patient informed of Referral
☐ Yes ☐ No

Is this the patient's first referral for IPC Team care?
☐ Yes ☐ No

CLINICAL INFORMATION (Please check all that apply)

Reason for Referral
☐ Comprehensive Assessment ☐ Treatment Management ☐ Other ______________

Urgency
☐ Immediate ☐ First Available Reasons: ______________

MENTAL HEALTH DIAGNOSIS/SYMPTOMS

____
____
____
____
____
____
____
____
____
____
____

Other Relevant Information

Current Treatment	Yes	No
Psychotherapy	☐	☐
Medication	☐	☐
Psychiatry______________		

Evaluation Scores
GAD-7 ☐
PHQ-9 ☐

Is the patient attached to any of the following?	Yes	No
Counselling Services	☐	☐
Psychiatry Services	☐	☐
Workplace EAP	☐	☐
Home and Community Care	☐	☐

Physician Name	Signature	Date
Address		Tel
		Fax

In order to serve your clients better, the Interprofessional Primary Care (IPC) Team would like to initiate referrals to other healthcare professionals within the IPC Team and Carea programs based on client goals.

☐ Please check here if you agree to referrals to other services.

Please attach any relevant clinical reports (previous consultation notes and clinical evaluation results).

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EXCLUSION CRITERIA - IPC PROGRAM

1. Patients who are actively suicidal/homicidal or have a clear plan
2. Severe anxiety/agitation
3. Acute psychosis or uncontrolled bizarre behaviour
4. Concern for patient's welfare – acute conflict or unstable
5. Acutely intoxicated

PATIENT ACCEPTANCE CONDITIONS

Clients with:

1. Mental health conditions that can be supported by an interprofessional team approach.
2. Social economic characteristics that are a barrier toaccessing care.
3. Complex health needs that can benefit from integration of medical management and social support services.

IPC TEAM MEMBERS

Role	Practice Description
Nurse Practitioner	• Provides comprehensive collaborative short-term primary care and clinical assessment, treatment and referral to internal/external agencies of clients • Coordination of care of referred clients
Therapist	• Conducts biopsychosocial assessments and provides evidence-based psychotherapeutic counselling interventions (e.g. Cognitive Behaviour Therapy, Dialectical Behaviour Therapy, Solution Focused Brief Therapy, Motivational Interviewing, etc.) for referred clients • Develops comprehensive care plans with internal/external agencies
Health Promoter	• Supports client by linking clients to internal/external community programs • Delivers health promotion programs and activities that respond to clients' needs, build on strengths and inspires change
Nurse Navigator	• Provide comprehensive time limited primary care interprofessional support from a harm reduction framework • Reviews and conducts mental health referrals/triage, provides clinical assessments and interventions • Provides case management, system navigation, support and counselling with internal/external agencies, form completion, advocacy, life-skill development and health education • Conducts home/community visits as needed