



Health Promotion and  
Community Development



# Wiingushk Deyweygung

*"Sweetgrass Heartbeat"*



This group welcomes Indigenous youth and men who would like to learn songs on the Odaywaygun (the Anishinaabe Big Drum). This Odaywaygun was given its name by members of the Indigenous community of Durham Region, on the traditional territory of the Mississaugas of Scugog Island First Nation.

The name given to this Odaywaygun is Wiingushk Deyweygung, which means Sweetgrass Heartbeat.

The Wiingushk Deyweygung Group meets on Monday evenings from 6:00-8:00pm in the Cherry Red Oak room at Carea Community Health Centre at 115 Grassmere Avenue, Oshawa, ON L1H3X7

For program information please contact: Jennifer at (905) 723-0036 x 1222

Carea Community Health Centre is dedicating to creating an inclusive environment that welcomes diversity. Every One Matters! Every One is Welcome!  
Accessibility: We are committed to complying with all applicable standards as set out in the Accessibility for Ontarians with Disabilities Act, 2005 (AODA). If you have accessibility needs and require alternate formats or other accommodations, please contact our Resource Development Manager at 905-723-0036 x 1229 or [info@careachc.ca](mailto:info@careachc.ca)