

February 7, 2022

Carea Community Health Centre is a registered, charitable organization providing a wide range of free services and programs to community members across Durham Region.

We are an interprofessional group of staff that include team members such as physicians, specialists, healthcare staff, mental health professionals, program and support staff. Our expert team provides a wide range of healthcare, mental health, and social services that are inclusive, equitable and accessible to all.

Carea's comprehensive services address the complex picture of human health. This means we consider the social, emotional, economic, health and developmental circumstances an individual is experiencing when accessing services. We partner with clients to improve their own health and wellness.

We strive to be accessible to community members who face barriers such as culture, gender, age, geographic isolation, homelessness, language, physical and/or cognitive disabilities, poverty, sexual identity and race.

Most of our programs are offered free of charge and open to anyone seeking support. Our healthcare services include day-to-day healthcare and physician visits, chronic disease management, and mental health. We also offer a range of community programs that promote community members' control over their own health. These program offerings include supports for healthy decision making, parenting support, child development, and youth empowerment.

Carea is committed to reconciliation and partnership with Indigenous communities. We offer a wide range of Indigenous-led programming that provides a variety of culturally relevant activities and events to serve Turtle Island's diverse urban Indigenous community.

As a trusted community partner, we collaborate with numerous organizations to provide the best possible care for our clients.

With your help, we are building healthier communities together.

The Board of Directors of Carea Community Health Centre is currently recruiting individuals with strong governance experience to join our Board. Alignment with our vision, mission and values is crucial. Please go to [www.careachc.ca](http://www.careachc.ca) to learn more about us.

A variety of backgrounds are needed, however experience in the following areas would be a significant asset:

1. Legal
2. Fundraising
3. Finance

We need individuals who want to help our organization develop and grow to meet the needs of our expanding community. Strong communication and strategic critical thinking skills are important. The willingness to assist us to open doors in the community and build greater awareness and support

will be crucial to the growth of our organization. You would also have a vested interest in the communities we serve.

Your efforts and commitment will be highly valued. The Board of Directors meet monthly, as do committees of the Board (minimum of 5 hours commitment per month). It is anticipated that members will also participate in agency events. Due to the Covid19 pandemic, all meetings are currently conducted virtually.

As a Board member, there are many benefits:

- The opportunity to make an impact in your community
- The chance to work with an open, transparent and progressive organization that wants your input and ideas
- Educational opportunities to expand your knowledge of board governance and the CHC model of care
- Personal and professional growth
- Networking with individuals from a variety of backgrounds and diverse experiences
- Advocating for issues that can truly make a difference in someone's life

Carea serves diverse communities, and its Board is committed to being representative of the communities that we serve and creating an inclusive environment. If you are interested in being considered for a position on the Board of Directors, please submit an expression of interest and attach your resume outlining your qualifications by email to: [board\\_secretary@careachc.ca](mailto:board_secretary@careachc.ca) on or before March 11, 2022.

Please note this is a volunteer position.